



# Celi hope

Quality and tasty sweets suitable also for celiacs.



## CELIHOPE sponge biscuits half-dipped in icing 100g



**(EN) Biscuits half-dipped in milk icing. GLUTEN-FREE PRODUCT. Ingredients:** maize flour, margarine (vegetable fats /palm/, vegetable oil /rapeseed/, water, emulsifier /mono- and diglycerides of fatty acids, lecithins/, salt, preservative /sorbic acid/, acidity regulator /citric acid/), milk icing 20 % (sugar, vegetable fat /palm kernel, palm, shea/, **whey** powder, fat-reduced cocoa, skimmed **milk** powder 4 %, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), buckwheat flour, sugar, maize starch, powdered **egg** mix, **whey** powder, skimmed **milk** powder, flavouring, thickener (guar gum), raising agents (sodium and ammonium carbonates), folic acid. May contain **peanuts, hazelnuts, soya, sesame**.

Nutrition values in 100 g: Energy: 2 159 kJ/ 517 kcal; Fat: 27 g, of which saturates: 20 g; Carbohydrate: 62 g, of which sugars: 31 g; Fibre: 3.2 g; Protein: 4.4 g; Salt: 0.17 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics

## CELIHOPE sponge biscuits 120g



**(EN) Sponge biscuits. GLUTEN-FREE PRODUCT. Ingredients:** fresh *eggs*, sugar, buckwheat flour, maize flour, maize starch, thickener (guar gum), emulsifiers (lecithins, polyglycerol polyricinoleate), folic acid. May contain *peanuts, nuts, milk, soya, sesame*.

Nutrition values in 100 g: Energy: 1 645 kJ/ 389 kcal; Fat: 6 g, of which saturates: 2.2 g; Carbohydrate: 73 g, of which sugars: 36 g; Fibre: 1.3 g; Protein: 9.9 g; Salt: 0.15 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- No content of fats
- High content of proteins
- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics
- Lactose free product

#### CELIHOPE coconut wafer dipped in icing 17g



**(EN) Wafer with coconut cream filling (48 %) dipped in cocoa icing sprinkled with grated coconut. GLUTEN-FREE PRODUCT. Ingredients:** cocoa icing 30 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14,3 %, *whey* powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), vegetable fat (palm, shea), sugar, maize starch, grated coconut 8 %, potato starch, *whey* powder, maize flour, buckwheat flour, skimmed *milk* powder, thickener (guar gum), flavouring, raising agents (sodium and ammonium carbonates), emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *nuts, soya, eggs* and *sesame*.

Nutrition values in 100 g: Energy: 2 308 kJ/ 554 kcal; Fat: 35 g, of which saturates: 26 g; Carbohydrate: 55 g, of which sugars: 34 g; Fibre: 4.4 g; Protein: 3.4 g; Salt: 0.22 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics

## CELIHOPE peanut wafer dipped in icing on sides 35g



**(EN) Wafer with peanut creamy filling (63 %) dipped in cocoa icing on sides. GLUTEN-FREE PRODUCT.**

**Ingredients:** vegetable fat (palm, shea), sugar, maize starch, cocoa icing 14 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14,3 %, *whey* powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), potato starch, maize flour, buckwheat flour, roasted *peanuts* 5.2 %, *whey* powder, fat-reduced cocoa, skimmed *milk* powder, thickener (guar gum), raising agents (sodium and ammonium carbonates), emulsifier (lecithins), flavouring, folic acid. May contain *nuts, soya, eggs, sesame*.

Nutrition values in 100 g: Energy: 2 225 kJ/ 533 kcal; Fat: 30 g, of which saturates: 21 g; Carbohydrate: 62 g, of which sugars: 32 g; Fibre: 3.3 g; Protein: 4.2 g; Salt: 0.19 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics

## CELIHOPE peanut wafer dipped in icing 35g



**(EN) Wafer with peanut creamy filling (48 %) dipped in cocoa icing. GLUTEN-FREE PRODUCT. Ingredients:**

cocoa icing 29 % (sugar, vegetable fat fully hydrogenated /coconut, rapeseed/, fat-reduced cocoa 14.3 %, *whey* powder, emulsifier /lecithins/, vegetable shea fat, flavourings), maize starch, vegetable fat (shea, coconut), sugar, potato starch, buckwheat flour, maize flour, roasted *peanuts* 3.5 %, *whey* powder, fat-reduced cocoa, skimmed *milk* powder, thickener (guar gum), raising agents (sodium and ammonium carbonates), emulsifier (lecithins), flavouring, folic acid. May contain *nuts, soya, eggs, sesame*.

Nutrition values in 100 g: Energy: 2 199 kJ/ 527 kcal; Fat: 29 g, of which saturates: 19 g; Carbohydrate: 60 g, of which sugars: 28 g; Fibre: 3.7 g; Protein: 3.4 g; Salt: 0.19 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

## POSITIVE EFFECTS:

- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics
- Lactose free product

## CELIHOPE Wafers with cocoa filling half-dipped in cocoa icing 100g



(EN) Wafers with cocoa creamy filling (55 %) half-dipped in cocoa icing. **GLUTEN-FREE PRODUCT.**

**Ingredients:** sugar, cocoa icing 20 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14,3 %, *whey* powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), vegetable fat (palm, shea), maize starch, potato starch, fat-reduced cocoa 6.7 %, maize flour, buckwheat flour, *soya* flour, thickener (guar gum), flavourings, raising agents (sodium and ammonium carbonates), emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *nuts*, *eggs* and *sesame*.

Nutrition values in 100 g: Energy: 2 228 kJ/ 533 kcal; Fat: 30 g, of which saturates: 18 g; Carbohydrate: 62 g, of which sugars: 35 g; Fibre: 4 g; Protein: 2.7 g; Salt: 0.10 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

## POSITIVE EFFECTS:

- Diet additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Suitable for Celiatics
- Lactose free product

## CELIHOPE Wafer with filling, with fructose and vanilla flavouring, side-dipped in cocoa icing 35g



(EN) Wafer with cream filling (63 %) with vanilla flavour and fructose, dipped on sides into cocoa icing. **GLUTEN-FREE PRODUCT.** **Ingredients:** vegetable fat (palm, shea), fructose 16.4 %, maize starch, cocoa icing 14 % (vegetable fat /palm kernel, palm, shea/, **whey** powder, fat-reduced cocoa 14 %, fructose, **lactose**, maltodextrin, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), potato starch, **whey** powder, maize flour, buckwheat flour, thickener (guar gum), raising agents (sodium and ammonium carbonates), flavouring, natural vanilla flavouring, emulsifier (lecithins), roasted **peanuts**, folic acid. May contain **nuts, soya, eggs** and **sesame**. Carbohydrate unit in 35 g: 2.1 CU (1 CU = 10 g of carbohydrate).

Nutrition values in 100 g: Energy: 2 362 kJ/ 566 kcal; Fat: 35 g, of which saturates: 19 g; Carbohydrate: 59 g, of which sugars: 27 g; Protein: 2.9 g; Salt: 0.22 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Dietary additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Energy stimulus for sportsmen, for the organism burdened by physical and mental strain
- Suitable also for Diabetics and Celiatics

## CELIHOPE Wafer with hazelnut filling, with fructose 35g



(EN) Wafer with hazelnut cream filling (76 %) with fructose. **GLUTEN-FREE PRODUCT.** **Ingredients:** vegetable fat (palm, shea), fructose 22 %, maize starch, potato starch, buckwheat flour, maize flour, **soya** drink powder (glucose syrup, vegetable fat /fully hydrogenated coconut fat, partly hydrogenated **soya** fat/, **soya** protein 6 %, emulsifier /**soya** lecithin/, thickener /E1450/, stabiliser /potassium phosphate/, emulsifier /mono- and diglycerides of fatty acids/, anti-caking agent /silicon dioxide/, colour /carotenes/, **soya** flour, fat-reduced cocoa, roasted **hazelnut** 1 %, thickener (guar gum), flavouring, raising agents (sodium and ammonium carbonates), emulsifier (lecithins), roasted **peanuts**, folic

acid. May contain **eggs** and **sesame**. Bread unit in 35 g: 1.6 BU (1 BU = 12 g of carbohydrate); Carbohydrate unit in 35 g: 1.9 CU (1 CU = 10 g of carbohydrate).

Nutrition values in 100 g: Energy: 2 377 kJ/ 570 kcal; Fat: 37 g, of which saturates: 20 g; Carbohydrate: 54 g, of which sugars: 27 g; Fibre: 4.4 g; Protein: 4 g; Salt: 0.07 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Dietary additive in case of heart and blood vessel diseases thanks to buckwheat (**flavonoid rutin**)
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Energy stimulus for sportsmen, for the organism burdened by physical and mental strain
- Lactose free product
- Suitable also for Diabetics and Celiatics

#### CELIHOPE milk wafer half-dipped in icing 35g



(EN) Wafer with creamy milk filling (60 %) half-dipped in cocoa icing. **GLUTEN-FREE PRODUCT.**

**Ingredients:** vegetable fat (palm, shea), cocoa icing 18 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14,3 %, **whey** powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), sugar, skimmed **milk** powder 10 %, maize starch, potato starch, amaranth flour 5 %, maize flour, **whey** powder, **soya** flour, thickener (guar gum), raising agents (sodium and ammonium carbonates), flavourings, emulsifier (lecithins), roasted **peanuts**, folic acid. May contain **nuts**, **sesame** and **eggs**.

Nutrition values in 100 g: Energy: 2 270 kJ/ 541 kcal; Fat: 33 g, of which saturates: 22 g; Carbohydrate: 55 g, of which sugars: 28 g; Fibre: 3 g; Protein: 5.4 g; Salt: 0.27 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness
- Gluten-free food,

## CELIHOPE WITH AMARANTH Lemon wafers decorated 25g



**(EN) Wafers with cream filling (68 %) lemon flavour decorated with cocoa icing. GLUTEN-FREE PRODUCT.**

**Ingredients:** vegetable fat (palm, shea), sugar, cocoa icing 12 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14,3 %, *whey* powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), maize starch, potato starch, *whey* powder, amaranth flour 5 %, maize flour, skimmed *milk* powder, acidity regulator (citric acid), thickener (guar gum), raising agents (sodium and ammonium carbonates), flavouring, emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *nuts*, *soya*, *sesame* and *eggs*.

Nutrition values in 100 g: Energy: 2 327 kJ/ 557 kcal; Fat: 34 g, of which saturates: 24 g; Carbohydrate: 60 g, of which sugars: 41 g; Protein: 3.5 g; Salt: 0.34 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness
- Gluten-free food

## CELIHOPE cranberry wafer 25g



**(EN) Wafer with cranberry cream filling (76 %). GLUTEN-FREE PRODUCT. Ingredients:** vegetable fat (palm, shea), sugar, maize starch, potato starch, amaranth flour 5.4 %, maize flour, *soya* drink powder (glucose syrup, vegetable fat /fully hydrogenated coconut fat, partly hydrogenated *soya* fat/, *soya* protein 6 %, emulsifier /*soya* lecithin/, thickener /E1450/, stabiliser /potassium phosphate/, emulsifier /mono- and diglycerides of fatty acids/, anti-caking agent /silicon dioxide/, colour /carotenes/), *soya* flour, cranberry powder 0.7 %, natural colour (betanin), thickener (guar gum), raising agents (sodium and ammonium carbonates), flavourings, acidity regulators (malic acid, citric acid), emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *milk*, *nuts*, *sesame* and *eggs*.



Nutrition values in 100 g: Energy: 2 385 kJ/ 572 kcal; Fat: 36 g, of which saturates: 21 g; Carbohydrate: 58 g, of which sugars: 24 g; Protein: 3.5 g; Salt: 0.12 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Amaranth lowers cholesterol levels and helps fight against cancer, it contains a lot of fiber and the amino acid called lysine that exercises an important influence on mental development especially of children; it is suitable for diabetic diet that is recommended for people with diabetes mellitus as well as for obese patients.
- The product is enriched with folic acid that prevents defects of the nervous system of an unborn child; it is the vitamin suitable for general health and physical well-being.
- Gluten free food.

#### CELIHOPE coffee wafer 25g



**(EN) Wafer with coffee cream filling (76 %). GLUTEN-FREE PRODUCT. Ingredients:** vegetable fat (palm, shea), fructose, maize starch, potato starch, *soya* flour, *whey* powder, amaranth flour 5.4 %, maize flour, coffee 2.7 %, vegetable oil (rapeseed), roasted *hazelnuts*, skimmed *milk* powder, fat-reduced cocoa, thickener (guar gum), raising agents (sodium and ammonium carbonates), flavouring, emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *sesame* and *eggs*.

Nutrition values in 100 g: Energy: 2 246 kJ/ 538 kcal; Fat: 32 g, of which saturates: 16 g; Carbohydrate: 53 g, of which sugars: 23 g; Protein: 10 g; Salt: 0.28 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Amaranth lowers cholesterol levels and helps fight against cancer, it contains a lot of fiber and the amino acid called lysine that exercises an important influence on mental development especially of children; it is suitable for diabetic diet that is recommended for people with diabetes mellitus as well as for obese patients.
- The product is enriched with folic acid that prevents defects of the nervous system of an unborn child; it is the vitamin suitable for general health and physical well-being.
- Gluten free food.

## CELIHOPE hazelnut wafers dipped in icing 150g



**(EN) Wafers with hazelnut creamy filling (50 %) dipped in cocoa icing. GLUTEN-FREE PRODUCT.**

**Ingredients:** cocoa icing 31 % (vegetable fat /palm kernel, palm, shea/, *whey* powder, fat-reduced cocoa 14 %, fructose, *lactose*, maltodextrin, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), vegetable fat (palm, shea), maize starch, fructose 10 %, potato starch, *whey* powder, amaranth flour 4.3 %, maize flour, fat-reduced cocoa, skimmed *milk* powder, roasted *hazelnut* kernels 1.7 % in the filling, thickener (guar gum), flavouring, raising agents (sodium and ammonium carbonates), emulsifier (lecithins), roasted *peanuts*, folic acid. May contain *soya*, *eggs* and *sesame*.

Nutrition values in 100 g: Energy: 2 309 kJ/ 555 kcal; Fat: 37 g, of which saturates: 28 g; Carbohydrate: 49 g, of which sugars: 27 g; Fibre: 4.7 g; Protein: 4.9 g; Salt: 0.32 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness
- Gluten-free food

## CELIHOPE WITH AMARANTH Rings - cocoa biscuits 100g



**(EN) Cocoa rings - biscuits. GLUTEN-FREE PRODUCT. Ingredients:** maize flour, sugar, margarine (vegetable fats /palm/, vegetable oil /rapeseed/, water, emulsifiers /mono- and diglycerides of fatty acids, lecithins/, salt, preservative /sorbic acid/, acidity regulator /citric acid/), fat-reduced cocoa 4.2 %, grated coconut, powdered *egg* mix,

amaranth flour 1.9 %, **whey** powder, thickener (guar gum), flavourings, raising agents (sodium and ammonium carbonates), folic acid. May contain **peanuts, hazelnuts, sesame, soya**.

Nutrition values in 100 g: Energy: 2 029 kJ/ 485 kcal; Fat: 24 g, of which saturates: 7.8 g; Carbohydrate: 59 g, of which sugars: 34 g; Fibre: 7.1 g; Protein: 5.5 g; Salt: 0.23 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness
- Gluten-free food

#### CELIHOPE WITH AMARANTH Rings - egg biscuits 100g



**(EN) Egg rings - biscuits. GLUTEN-FREE PRODUCT. Ingredients:** maize flour, margarine (vegetable fats /palm/, vegetable oil /rapeseed/, water, emulsifiers /mono- and diglycerides of fatty acids, lecithins/, salt, preservative /sorbic acid/, acidity regulator /citric acid/, sugar, **whey** powder, amaranth flour 2.6 %, powdered **egg** mix 2.4 %, thickener (guar gum), flavourings, raising agent (ammonium carbonates), folic acid. May contain **peanuts, hazelnuts, sesame, soya**.

Nutrition values in 100 g: Energy: 1 903 kJ/ 453 kcal; Fat: 18 g, of which saturates: 5.6 g; Carbohydrate: 64 g, of which sugars: 32 g; Fibre: 3.8 g; Protein: 8.6 g; Salt: 0.19 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness  
Gluten-free food

## CELIHOPE WITH AMARANTH Biscuits half-dipped in cocoa icing 90g



**(EN) Biscuits half-dipped in cocoa icing. GLUTEN-FREE PRODUCT. Ingredients:** maize flour, cocoa icing 22 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14.3 %, **whey** powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), margarine (vegetable fats /palm/, vegetable oil /rapeseed/, water, emulsifiers /mono- and diglycerides of fatty acids, lecithins/, salt, preservative /sorbic acid/, acidity regulator /citric acid/), sugar, maize starch, amaranth flour 3 %, glucose syrup, thickener (guar gum), powdered **egg** mix, flavourings, raising agents (ammonium and sodium carbonates), folic acid. May contain **peanuts, hazelnuts, sesame, soya**.

Nutrition values in 100 g: Energy: 2 087 kJ/ 498 kcal; Fat: 24 g, of which saturates: 14 g; Carbohydrate: 65 g, of which sugars: 26 g; Fibre: 3.2 g; Protein: 4.2 g; Salt: 0.19 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness
- Gluten-free food

## CELIHOPE Brusienky 65g



**(EN) Biscuits with cranberry filling (38 %). GLUTEN-FREE PRODUCT. Ingredients:** maize flour, dried dates, vegetable fat (rapeseed oil, coconut oil, fully hydrogenated rapeseed oil, emulsifier /mono- and diglycerides of fatty acids/, acidity regulator /citric acid/, flavouring, vitamin A), fructose, fructose syrup, dried cranberries 5.6 % (cranberries, sugar, sunflower oil), cocoa icing ([vegetable fats: fully hydrogenated /coconut, rapeseed/, shea], **whey** powder, fat-reduced cocoa 14 %, fructose, **lactose**, maltodextrin, emulsifier /lecithins/, flavourings), amaranth flour

1.7 %, *sesame* seeds, fat-reduced cocoa, acidity regulator (malic acid), flavourings, **egg** yolk powder, thickener (guar gum), folic acid. May contain *peanuts*, *nuts* and *soya*. May contain pieces of fruit stones. Carbohydrate unit in 65 g: 4.6 CU (1 CU = 10 g of carbohydrate).

Nutrition values in 100 g: Energy: 1 850 kJ/ 440 kcal; Fat: 14 g, of which saturates: 9.8 g; Carbohydrate: 71 g, of which sugars: 38 g; Fibre: 5 g; Protein: 3.9 g; Salt: 0.04 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Energy stimulus for sportsmen, for the organism burdened by physical and mental strain
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Source of fiber influencing favorably digestive process and peristalsis of intestines
- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- Gluten-free food

#### CELIHOPE Arónia 65g



**(EN) Biscuits with aronia and blackcurrant filling (38 %). GLUTEN-FREE PRODUCT. Ingredients:** maize flour, dried dates, vegetable fat (vegetable fat palm, vegetable rapeseed oil, emulsifiers /mono- and diglycerides of fatty acids, lecithins/, preserving agent /sorbic acid/, acidity regulator /citric acid/), fructose, fructose syrup, dried blackcurrants 4.3 % (blackcurrants, sunflower oil), cocoa icing (vegetable fat /palm kernel, palm, shea/, **whey** powder, fat-reduced cocoa 14 %, fructose, **lactose**, maltodextrin, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), dried aronia berries 2.2 %, amaranth flour 1.7 %, *sesame* seeds, fat-reduced cocoa, acidity regulator (malic acid), flavourings, **egg** yolk powder, thickener (guar gum), folic acid. May contain *peanuts*, *nuts* and *soya*. May contain pieces of fruit stones. Carbohydrate unit in 65 g: 4 CU (1 CU = 10 g of carbohydrate).

Nutrition values in 100 g: Energy: 1 782 kJ/ 425 kcal; Fat: 16 g, of which saturates: 7 g; Carbohydrate: 62 g, of which sugars: 40 g; Fibre: 8.6 g; Protein: 3.7 g; Salt: 0.15 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### POSITIVE EFFECTS:

- Energy stimulus for sportsmen, for the organism burdened by physical and mental strain
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube
- Source of fiber influencing favorably digestive process and peristalsis of intestines
- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- Gluten-free food

## CELIHOPE Coconut wreaths half-dipped in icing 75g



**(EN) Coconut rings - biscuits half-dipped in cocoa icing. GLUTEN-FREE PRODUCT. Ingredients:** maize flour, vegetable fat (vegetable fats palm, vegetable rapeseed oil, emulsifiers /mono- and diglycerides of fatty acids, lecithins/, preservative /sorbic acid/, acidity regulator /citric acid/), cocoa icing 17 % (sugar, vegetable fat /palm kernel, palm, shea/, fat-reduced cocoa 14.3 %, **whey** powder, emulsifiers /lecithins, polyglycerol polyricinoleate/, flavourings), sugar, grated coconut 6 %, **soya** flour, **whey** powder, amaranth flour 2 %, **egg** yolk powder, thickener (guar gum), flavourings, raising agent (ammonium carbonates), folic acid. May contain **peanuts, nuts** and **sesame**.

Nutrition values in 100 g: Energy: 2 182 kJ/ 522 kcal; Fat: 29 g, of which saturates: 14 g; Carbohydrate: 57 g, of which sugars: 25 g; Fibre: 4 g; Protein: 6 g; Salt: 0.27 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

### POSITIVE EFFECTS:

- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- The product is fortified with folic acid, it helps prevent neural tube defects to the unborn child, vitamin suitable for general health and fitness  
Gluten-free food

## CELIHOPE Černica 50g



**(EN) Biscuits with blackberry filling (38 %). GLUTEN-FREE PRODUCT. Ingredients:** maize flour, dried dates, vegetable fat (shea, coconut), coconut sugar 10.6 %, date syrup, dried blackberries 3.1 % (blackberries, apple juice), fat-reduced cocoa, amaranth flour 2.1 %, raisins, chia seeds (*Salvia hispanica*) 1.5 %, dried red currants, acidity regulator (malic acid), powdered **egg** mix, thickener (guar gum), flavourings, folic acid. May contain **peanuts, nuts, milk, soya**,

*sesame seeds*. Bread unit in 50 g: 2.1 BU (1 BU = 12 g of carbohydrate); Carbohydrate unit in 50 g: 2.6 CU (1 CU = 10 g of carbohydrate).

Nutrition values in 100 g: Energy: 1 646 kJ/ 393 kcal; Fat: 17 g, of which saturates: 8.8 g; Carbohydrate: 51 g, of which sugars: 38 g; Fibre: 10 g; Protein: 4.3 g; Salt: 0.06 g; Folic acid: 200 µg (100 % DRI – Daily reference intake).

#### **POSITIVE EFFECTS:**

- Gluten free
- Lactose free
- Palm fat free
- Amaranth reduces cholesterol and helps in the fight against cancer, rich in fiber, amino acid lysine, which has an important influence on the mental development of children especially, it is suitable for diabetic diet for diabetic patients and obese patients.
- Suitable for pregnant women – Lack of folic acid is connected with abortion, low birth weight of newborn baby and defects of neural tube







